



Aqua, an exclusive concept spa and retreat, offers an extraordinary health and fitness club for toning your body and a unique spa for nurturing your soul. Aqua is the perfect sanctuary of peace and tranquility. Here, in an environment which is private, beautiful and unique, health and well-being have been elevated to an art form and the rediscovery of balance is the primary goal.

- Indoor Lap Pool
- Dry Sauna
- Cybex Equipment
- Lifecycle Equipment
- Personal Training
- Aerobics Pool
- Steam Rooms
- Free Weights
- Fitness Classes
- Locker Rooms

Your every desire will be met, and more importantly, your need to invigorate the body and restore the spirit will be fulfilled. Private treatment areas, relaxing accommodations, high-end fitness equipment, spectacular views of the Gulf and the beautiful surrounding beaches make your life a little more luxurious at this world class facility.



AQUA

THE SPA AT BEACH CLUB

Fitness Center, Locker Rooms and Indoor Pool

Open 7 days a week.
6:00 am - 9:00 pm

Spa Services by Appointment

Tuesday - Saturday / 9:00 am - 5:00 pm
Sunday / 2:00 pm - 6:00 pm

**To book your appointment or arrange your
spa tour contact the spa concierge
850-932-5389**

SPA ETIQUETTE

To preserve a peaceful experience for all, cell phones and pagers are to be placed on silent/vibrate mode. Also, anyone under the age of 18 must be accompanied by an adult while in the spa area; this includes the spa, locker rooms, fitness center, and indoor pool.

CHECK IN & CANCELLATIONS

To ensure service availability, please schedule appointments at least 24 hours in advance.

Checking in for your service(s) should be made 15 minutes prior to your service time. This will allow you time to relax and prepare for your service(s). If you will arrive late, we will do our best to accommodate your full service. However, if this is not possible your service will be shortened the amount of time that you are late. If you are late for more than half of the service time, we consider that a cancellation and you will be charged for the full service(s).

We require a 24-hour notice for any bookings, changes or cancellations of services. Cancellations made within 24 hours of your scheduled service(s) or lack of any notice will result in full billing of all service(s) scheduled. All cancellations must be made directly with the Spa Concierge.

20% Gratuity is added to each service upon checkout.
License #MM20782

www.beachclublife.com

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AQUA

THE SPA AT BEACH CLUB



SPA • FITNESS CENTER • INDOOR POOL

AQUA SPA SERVICES



RELAX • REJUVENATE • REFRESH

MANICURES & PEDICURES

Aqua Manicure Basic

The manicure begins with a calming, antiseptic soak in a harmonizing blend of essential oils, which leaves your hands supple and soft.

\$30 30 mins

Aqua Manicure Luxe

The Aqua Luxe offers all the benefits of the basic manicure plus adds a paraffin wax treatment that provides penetrating heat therapy for the hands to relieve joint pain, super hydrate and soften dry skin.

\$40 45 mins

Aqua Bella Pedicure

Unwind with a therapeutic foot soak, infused with organic elements to detox, relax or uplift. You'll receive a soothing scrub that exfoliates and refines, improves circulation, energizes and eases aches and pains. Drift miles away with a rejuvenating foot massage. Your feet have never looked or felt so refreshed!

\$40 45 mins

Aqua Bella Pedicure Luxe

Our Aqua Bella Luxe option offers all the benefits of the Bella Pedicure plus includes a paraffin wax treatment that provides penetrating heat therapy for the feet to relieve joint pain, super hydrate and soften dry skin.

\$65 60 mins

Manicure & Pedicure Enhancements

Anti-aging Mask \$15

French Tips \$10

FACIALS

Essentials Facial

A soothing and moisturizing treatment for skin maintenance and protection against external aggressions. Wherever you live, you cannot escape the effects of atmospheric pollutants. This essential facial is designed to benefit all skin types by effectively eliminating dead cells, neutralizing pollutants and renewing freshness, vitality and comfort.

\$70 45 mins

Pure Perfection Facial

This highly effective facial removes excess sebum, clears pores and restores balance to oily or problematic skins. Oily skin is usually experienced during puberty but may last beyond the age of 30. With this beneficial treatment the face is left matte, velvety soft and balanced.

\$75 60 mins

Age Antidote Facial

The passing years will reveal fine lines, expression lines and a finer, less elastic skin. With an exceptional concentration of anti-aging principles, this facial provides a solution for women and men who want to slow the effects of time. Also beneficial for normal or dry skin, this luxurious treatment saturates skin with the Age Antidote Complex and revitalizes the tissues with a radiance boost massage.

\$85 60 mins

Facial Enhancements

Age Antidote Eye Contour

The delicate skin of the eye area is over-exposed to environmental pollution, the constant stress of blinking and the endless motion of changing expressions. Three to five times thinner than the skin on the face, this sensitive area needs to be pampered. This unique eye treatment is a customized care solution that restores softness, elasticity and reduces the appearance of fatigue.

\$40 30 mins

MASSAGE THERAPY

	50 mins	80 mins
Swedish Massage	\$70	\$110
Deep Tissue Massage	\$80	\$130
Warm Stone Massage	\$90	\$140

Personal Spa: In-room massages add \$25

BODY TREATMENTS

Lap of Luxury Sea Scrub

This energizing and revitalizing treatment for the body softens and renews the skin. Specially created for regenerating tired, lifeless skin, this sensual treatment combines marine salts that are rich in minerals and trace elements, with natural essential oils of rosemary, geranium and myrtle. The Lap of Luxury Sea Scrub's invigorating texture eliminates impurities while gently exfoliating the skin and helps regenerate cutaneous tissue.

\$75 50 mins

Osmo Slimming

A powerful body treatment designed to drain, detoxify and restore the skin.

\$100 50 mins

WAXING

Eyebrow, Lip, or Chin (each) \$5
Basic Bikini From \$45

Meet AQUA's Joshua Steele

Joshua is a native Floridian, born and raised in the panhandle of Florida. He graduated from Florida College of Natural Health, Orlando campus, in February of 2005, obtained his license for massage therapy in March of 2005. In December of 2008 he graduated from the University of West Florida with a B.S. in Physical Education.

Visit Aqua Spa and allow Joshua to share his passion for health, wellness, and healing with you through any of our luxurious spa services.